

# HELP US MAKE A DIFFERENCE

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## We need your help!

Our Senior Centers have applied for a grant through the Pepsi Refresh Everything Project. We would like to offer free, low impact aerobics classes to South Florida seniors. The Project that receives the most votes will win funds to support their program.



### 4 Simple Steps

1. During the month of May, log onto [www.refresheverything.com](http://www.refresheverything.com)
2. Type in “Miramar” in the search box located in the upper right hand corner.
3. Choose the program that says “Bring fitness classes to senior centers” and click on “Vote for this idea”
4. Sign in and then click “Vote for this idea”, again.



Help us, help seniors to live healthy, active lifestyles



**YOU CAN VOTE EVERY DAY!**